

Crystal Ross, M.A.C.P.

Registered Provisional Psychologist

Crystal received her Masters of Arts in Counselling Psychology through Yorkville University in 2022. During her Master's practicum, Crystal worked with a wide range of clients, from teenagers to seniors, presenting with a spectrum of concerns from anxiety, depression, IPV, trauma and grief and loss. Crystal's endeavors to form collaborative relationships with clients working from a person-centered, strength-based, solution driven and Narrative Therapy perspective. Recently, Crystal has completed training in Expressive Arts allowing her to incorporate her love of crafts and art into her sessions. Outside of the office, Crystal can be found enjoying time in the mountains with her horses or spending time with family.